THE RENHOLD MAGAZINE



SEPTEMBER 2023



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DIARY SEPTEMBER 2023

School dates 2023:

Autumn Term Mon.4th Sept.—Tues.19th Dec. Half -Term Mon.23rd Oct.—Fri.27th.Oct.

School Dates 2024

Spring Term Wed.3rd Jan.—Thurs.28th March Half-Term Mon.19th Feb.—Fri.23rd Feb.

Notable Renhold dates & events:

Thurs. 7th Sept.	WI Chocolate Delight	7.30p	m Renhold Village Hall	p12
Thurs.7th Sept.	Handbell Ringing Group	starts	7pm Chapter House	p15
Sat.16th Sept.	Renhold Stitchers Event	t Polhi	II Arms Garden 11am	p12
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Sat.16th Sept. Churchyard clear up 9.30am All welcome

Mon. 18th Sept. Creative Club Chapter House 7.30pm All welcome

Sat.23rd–Sun 24th Sept. Renhold Chapel Anniversary weekend p13
Sat.30th Sept. Harvest Fair and Coffee morning Renhold Church p10
Fri.3rd Nov. BRCC Platinum Ball p12

Church cleaning rota: Postponed till further notice.

Please be aware that all items for inclusion in the magazine - articles, notices of events, reports on activities, etc, need to be with the editorial team by **the 12th of the month** at the latest.

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Frontispiece: The cake stall at the Party in the Park. Photo by Anne Grant

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EDITORIAL By Anne Grant "The lady at the end!"

Saturday 15th July dawned and more fervent prayers were uttered, that the rain and gale force winds would not douse everyone's efforts and spirits, as the Party in the Park got underway. What an amazing day. After a brief light shower the sun came out and everyone was able to enjoy all the music, the activities and the refreshments available with a light heart.

Personally, I was involved with the cake stall, and as always you can put out a plea for cakes, but never know until the day how many will materialise. We were all stunned at people's generosity. The cakes were left at my house, at the church or brought to the park on the day. They just kept on coming. I didn't know so many different, delicious cakes existed and, on the stall, I was the one collecting the money at the end of the line! Having selected their chosen cakes the plea "who do I pay" was answered "The lady at the end," until I decided that was my new title! What became very obvious was the support from the whole village, who appreciated that the reason we were fundraising was to pay for the repairs to the church floor, and wanted to support. Countless times people said "Keep the change it's a good cause" which was much appreciated and we raised over £800 (see full list on p7).

Thank you to Amanda Quince for masterminding the whole operation and all those many people from the village and beyond who provided all the activities, the refreshments and contributed to the lovely atmosphere. Finally a huge thank you to Julian and Lucy for allowing us to use their lovely garden for the event.

Everything has continued in the village, despite the ongoing road blockage, while East Anglian Water push on with the replacement of the water main. The old water main is having trouble coping with all the activity and there were further problems with the old main leaking, which meant there was reduced water supply to parts of the village for a few days, necessitating school closure and water bowsers in the village. It will be a relief to everyone when we have easy passage through the village once more and no more mini waterfalls down Pinchgut Hill.

The church is now fully open again and the new floor looks very impressive and has lightened the interior of the church. In the churchyard a group do an amazing job keeping the grass under control, maintaining the flower beds and keeping the graves tidy. Teresa Trangmar (tel. 07788402441) organises it and would welcome any more volunteers who wouldn't mind giving up a couple of hours on an occasional Saturday morning. It is very sociable and the chance for a cuppa and a chat in the middle. There is also an article on gravestone recipes by our roving reporter Pauline Capell. You can't say the magazine is not varied!! We congratulate the Chapel members on the 150th anniversary of the Chapel and hope their celebrations go well (p25).

Don't miss the Stitchers event on p12. There is also an evening involving chocolate with the WI and a handbell ringing group is starting up (p15). For the more active amongst you the Bedfordshire Ramblers are organising a festival of autumn walks in September (p17). Our profile this month is Alison Dellar and she, being a lover of Reggae music, has drawn our attention to an evening of Reggae in November (see p17).

Tony Ploszajski has yet again produced some amazing photos of dragonflies, birds and an extraordinary looking moth. It is great when people send in photos to add to his page as catching these photos is a challenge. Hoping you enjoy the contributions this month and don't forget to send yours in if something strikes you as interesting or unusual.



Martyn Smith

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All Saints Church Services for September2023 All services taken by Revd Ian Smith except where stated				
Sunday 3 Sept	10.45am 11.00am	Red Ensign ceremony at flagpole Merchant Navy Day communion		
Wednesday 6 Sept	11.30am	Prayers for community		
Sunday 10 Sept	11.00am 6.00pm	All Age Worship Evensong (BCP) with hymns Richard Deadman/Revd Ian Smith		
Wednesday 13 Sept	7.30pm	Night Prayer (CW)		
Sunday 17 Sept Wednesday 20 Sept	11.00am 10.00am	Parish Eucharist Holy Communion (BCP) Revd David Powell		
Sunday 24 Sept Wednesday 27 Sept		Parish Eucharist Compline (BCP)		
Sunday 1 October	11.00 am	Harvest Festival		
DAILY OFFICES – Revd Ian says the Daily Office in church at the following times. You are warmly invited to join him at this short service.				
EACH MONDAY – EACH THURSDAY -	9.30am Morning Prayer 4.00pm Evening Prayer			
From the Register				
Baptism	9th July	Caden Michael Dos Santos		
Funeral	uneral 12 th July – Michael Lennox 13 th July – Ann Clarkson			
Burial of Ashes	Burial of Ashes 5 th July – Andrew Seagar-Smith			

LETTER FROM THE VICAR

As I write this month it is the last week of the school year, and with windows and doors wide open I can feel the gentle breeze as it enters my study, and in addition to the rustling of the trees in the vicarage garden, I can hear the excited, joyful, playground noises of our young people having just the best time, Simple gifts maybe, but it makes me realise what a blessing it is to be here in Renhold with you.

Since my last article, the amazing Party in the Park has taken place, which is featured elsewhere in this edition; we are back in church after all the challenges (& delays) of the church floor restoration project, and we are looking forward to our second "Hymns & Pimm's" being held at the end of August in the church grounds.

There is so much to look forward to in church during the coming month. In September alone we are marking Red Ensign Day (Merchant Navy Charities) on 3rd, celebrating Education Sunday as our young people return to school at our family worship on 10th, and on 17th our morning service will be focussed on Disability Awareness where we will be recognising that God gives each and every one of us unique gifts with which to serve him. Then on Sunday 1st October we will be celebrating harvest – what a month!! As previously advised, we are keen that the church should be accessible as possible to the community; so; just a reminder that now the restoration works are almost behind us, the church is open from 9:00am to 5:00pm each day. Please feel free to go in and find space for yourself or light a candle – This is your church too; please make yourselves at home!

We are also exploring different ways of being more accessible and inclusive; our live- streaming continues where possible and we are working on getting reasonable WiFi into church and chapter house so these become more usable. Pastoral Care is important to us, and I am looking to develop a small team who can make care & befriending telephone calls, or become home or hospital visitors, or be active in practical support within the community – some big plans at an early stage – please do let me know if you are able to help us in any way – Thank you.

Christmas Tree Festival 2023 (Sorry!!): - Anyone, group or family who would like to display a Christmas Tree at our festival in early December – please start thinking about your theme (and this year it may be possible to decorate a tree outside), more on that next month!!

As always our planned schedule of services is listed within this edition and is as accurate as it can be at this time. We continue to use the All Saints Renhold Facebook page to Live-stream services at the usual times, with service sheets being available on our website www.all-saints-church-renhold.org for those who are unable to attend church in person.

Please continue to take care and stay safe.... And thank you again to all who made the Party in the Park such a wonderful event!!.God Bless... Rev. lan

INCOME	£	
Sponsors	£1280.00	
Ticket Sales	£4090.00	
Stall Fees	£5.00	The takings from the Party in
Donation	£65.00	the Park.
Raffle	£1364.70	A huge thank you to every- one involved.
Tombola	£121.80	one involved.
Splat the Rat	£52.35	
Refreshments	£807.60	
Art Stall	£55.87	
Total	£7,842.32	

THANK YOU FROM REV. IAN

On behalf of all at All Saints Church Renhold, I would like to thank everyone who assisted in the planning, execution and breaking down of the Party in the Park at the weekend. It was the most amazing of occasions which I am sure will be remembered for many years to come and maybe even make it into the "historical legends" of the Parish. Events like this do not just happen and we are indebted to Julian and Lucy for letting us use their home; and to Amanda, Nicky and all the team for their amazing vision, dedication, patience, and skills, particularly in monitoring health and safety requirements, in organising logistics, and ensuring the supply of utilities & facilities which enabled the day to come together.

We are especially grateful to all who sponsored different aspects of the event or donated any of the amazing prizes for our raffle; to those who bought a ticket for the day or a ticket for the raffle; to those who made a cake or ate a cake, those who ran or worked so hard on stalls, sports activities and sideshow, or who helped direct traffic and assist visitors in any way; and to those who played in one of the wonderful bands and groups that entertained us throughout the day and evening. It was a real community event where people from all areas of the parish and beyond came together to enjoy the attractions and entertainment that was on offer, it was amazing!

I am delighted to advise you that the provisional donation to the Church Floor Restoration Fund from Party in the Park is in excess of £6,000. This is a fantastic sum which will help us in completing the payments for the works that have been done, and we are humbled by the generosity of our local community — Thank you all for your support. The church floor restoration works are not yet complete, but we have reached the stage where we can now go back into church for all services and it can again be used as a safe place of quiet, where everyone is welcome to come in and light a candle, or just sit in the space. The doors are unlocked between 9:00am and 5:00pm each day, please pop in when you are passing or when you need to — It is your church. Thank you again for you amazing support.



Saturday 9th September 2023

A great opportunity to explore the surrounding area and visit some of the lovely old churches – many are slightly off the beaten track, and some are only open today. Go by car if you wish and you can then travel further afield. For cyclists and walkers, it can give purpose and interest to an outing. Sponsorship is per church or a donation.

I can supply further details, and sponsorship forms, for anyone who is interested. (Probably the hardest part is getting sponsorship... best to try during the preceding fortnight!)

Money raised is half for Renhold Church and half for Beds and Herts Historic Churches Trust.

Jill Barrell jbarrell251@gmail.com

PS Renhold Church will be open on Sept 9th. Do call in for a coffee and try a bacon roll or sausage sandwich at the **POP UP CAFE which is open from 10am to noon.**

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Call Paul 07549 086 313

Gravestone Recipes Pauline Capell

Which recipe would you have engraved on your tombstone as your legacy? A lady called Rosie Grant, a librarian, was a quest on Woman's Hour and told how she had come across a cookie recipe on a gravestone in New York City. This spiked her interest, and she started to research this phenomenon, finding that this was by no means a one-off.

I did my own research and there is even a book available on Amazon called 'Recipes from the Grave – Wonderful Dishes for the Here and After' by P Corbin. with accompanying biographies of the recipe contributors. Peggy Neal from Arkansas is still alive but has already had a tombstone engraved with the recipe that will be her memorial. Listeners to Woman's Hour phoned in while the programme was live, and we heard of someone's grandma who was famous for her paylovas, earning her the nickname Nana Pavlova. What about corned beef pie made on all special events within a family, clootie dumplings from Scotland or Lancashire parkin? Here are 2 recipes to start you off. Send us your legacy recipe with an explanation for your choice and we'll be happy to publish it.





HARVEST FAIR & COFFEE MORNING RENHOLD CHURCH

Saturday 30^{th} September 10.00 - 12.00

Crafts, cakes, jams & chutneys, books, toys, plants & flowers, unused good quality gifts, raffle. Refreshments.

Further details: please contact Jill on 870461, Email jbarrell251@gmail.com

Diane Hill was winner of the WI limerick competition. See below!

There was a young wife from Green End Whose husband drove her round the bend She hit him quite bad Which made him so sad

But don't worry he's now on the mend.



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8 Thor Drive, Bedford, MK41 0WP Tel. 01234 216608 Mob. 07961 986972 Bedfordshire Rural Communities Charity is 70! Celebrate with their Platinum Ball on Friday 3rd November

Bedfordshire Rural Communities Charity (Beds RCC) is the leading community development agency working across Bedfordshire, with a proven track record built over the past 70 years.

Beds RCC was originally set up in 1953 as part of the Rural Community Councils set up across the United Kingdom. During the first three years, they became associated with many social aspects of rural life – such as playgrounds and playing fields; clubs and services for the elderly; village halls and Parish Councils – which promoted improvements to their local communities. Many of this work still continues today, alongside new projects and services which have evolved over the years.

Over the past 70 years, both past and current staff and volunteers here have been an integral part of improving the lives of those living in Bedfordshire. Beds RCC's projects and services benefit local communities in areas such as rural development, well-being, and community transport. The charity also owns two non-profit businesses: Ridgmont Station Heritage Centre and Tea Room and Warden Abbey Community Vineyard.

The Platinum Ball is Beds RCC's main celebratory event of the year and will be held at The Bedford Swan Hotel, overlooking the River Great Ouse.

There are limited tickets available, so book your ticket soon to ensure you get a space. Tickets are £85 per person and include a drinks reception, three course dinner, after dinner entertainment, DJ, silent auction and raffle. Purchase your ticket here: www.bedsrcc.org.uk/ball

Renhold WI September meeting "Chocolate Delight".

After our entertaining evening of Limerick poetry, followed by a more sombre evening learning about the work of Midshires Search and Rescue, this month we are exploring the delights of all things chocolate! This will include demonstrations, some tastings and lots of chocolate in the raffle! This takes place on Thursday 7th September at Renhold Village Hall , 7.30 pm. All guests welcome, admission £4.50. Chocoholics particularly welcomed! Contact Jan on 01234 297456 or Jooles on 07766478974 for more information. Jan Tozer

Renhold Stitchers Event at the Polhill Arms Garden Saturday 16th September 11am —3pm Raffle, Refreshments, Stalls Contact 01234 870271

Our aim is to raise funds both for ourselves and Cancer Research. This money will also enable us to give a donation to the church and allow us to buy the materials needed to make items to raise money for the hospital and hospice.

Craft stall holders are welcome.

Life is like a journey on a train

Sent in by S. Wingate

Life is like a journey on a train with its stations, with changes of routes and with accidents. At birth we boarded the train and met our parents, and we believe they will always travel on our side. However, at some station our parents will step down from the train, leaving us on this journey alone. As time goes by, other people will board the train; and they will be significant i.e, our siblings, friends, children, and even the love of our life. Many will step down and leave a permanent vacuum. Others will go so unnoticed that we don't realise that they vacated their seats! This train ride will be full of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells.

Success consists of having a good relationship with all the passengers... requiring that we give the best of ourselves. The mystery to everyone is: We do not know at which station we ourselves will step down. So, we must live in the best way - Love, forgive, and offer the best of who we are. It is important to do this because when the time comes for us to step down and leave our seat empty, we should leave behind beautiful memories for those who will continue to travel on the train of life without us.

I wish you a joyful journey for the coming years on your train of life. Reap success, give lots of love and be happy. More importantly, be thankful for the journey!



Renhold Chapel 150th Anniversary Weekend We would like to invite you to

Browse some of the Chapel History
On the 23rd September between 2.30pm and 4.30pm
And

A Thanksgiving Service On 24th September at 10.30am

If you would like any more details please contact Albert Browning on 01234 772689 Www. Renholdchapel.org







North Bedfordshire North Beds Ramblers -Come and join us for a walk. We walk every Saturday afternoon approx. 6 miles and Saturdays twice a month in

morning for approx. 12 miles

For our latest walks program visit - https://www.ramblers.org.uk/go-walking/ramblers-groups/north-bedfordshire-group

Please bring a drink, snack or lunch as we always have a break.

For more information on our walks Tel Margaret Sawyer 07780 933729, FB

North Beds Ramblers, www.ramblers.org.uk/north-bedfordshire, Twitter

@NB_Ramblers

Renhold Village Clubs 2023

Group	Contact	Tel.	Day	Time	Place
Bridge	Rod Jones	771858	Every Mon. Every Fri.	9.45-1pm	St. Marks Church Brickhill
Brownies	Kim Dellar	267150	Every Thurs.	6.15- 7.45pm	RV Hall
Carpet Bowls	Chick	838651	Every Mon. Every Wed.	2-4.30pm 7-9.30pm	RV Hall
Chapel Coffee morning	Albert Brown- ing	722689	2nd Tues.	10-12noon	Chapel
Creative Club	Teresa Trangmar	07788402 441	3rd Mon.	7.30- 9.00pm	Chapter House
Luncheon Club	Yvonne Potter	771495	2nd Wed.	12.30 for 1pm	
Pudding Club for carers	Anne Grant	771811	1st Tues.	2-3.30pm	4, Brookside
Reading Group	Pauline Capell	771858	1st Fri.	4pm	1, Church Close
Renhold pre- school group	Vicky Thomp- son	771724		Term time	
Stitchers	Jackie Croot	870271	3rd Thurs.	10.30- 12.30pm	Chapter House
Table tennis	Rod Jones	771858	Every Mon. Every Wed. Every Fri.	1.30pm 10.30am 10.30am	Church Lane Com- munity Centre
WI.	Jan Tozer	297456	1st Thurs.	7.30pm	RV Hall
Yarn Craft Group	Marion Sutton	217647	Alternate Fridays	10am- 12.30pm	Wilden Village Hall

In view of our uncertain times please ring to confirm each club is running. RV Hall = Renhold Village Hall; the Chapter House is at the back of All Saints Church.

Mobile Library Times September and October 2023 Location of Mobile Library Time Sept Oct. Renhold - Green End 10:00 - 10:15 05.19 03.17 Renhold - Home Close 10:40 - 10:55 05,19 03,17 Renhold - Ravensden Road 11:00 - 11:15 05,19 03.17

Times will vary slightly due to traffic conditions, etc. For further information about the mobile library service please contact Kempston Library tel. 01234 276453

Handyman needed

Local person required by Renhold Parish Council for very occasional, small, handyman jobs.

Please email the Parish Clerk: <u>lizzie barnicoat@hotmail.com</u>

HANDBBELL RINGING GROUP Caroline Coster

Starting on September 7th, on Thursday evenings (7 - 8pm) will be a new handbell ringing group in the Chapter house at All Saints Church. (No meeting 28th September)

The handbell is an amazing instrument. It is easy to learn how to ring and tunes can be rung successfully by beginners very quickly. You don't need to be able to read music - just to count! We hope to play classical and popular pieces, themes from musicals, films and shows, as well as original pieces written especially for handbells. The initial aim will be to ring carols in the village and estates at Christmas.

Everyone (over 13) is welcome. Please come along and try it out. Any queries, please contact Caroline at caroline.coster@ntlworld.com



All Saints' Church Renhold Volunteers Required

Our new church floor has been completed and the church reopened.

Can you spare 2 hours every 4/5 weeks to join our Cleaning Rota, help to clean the church and meet with others in the village.

You can clean by yourself, with a friend, or come as a family.

If interested, please contact

Keith: k.timms723@btinternet.com or Alan: abloomfield79896@aol.com

Jokes: Ashlin Bray

- 1. I'm writing a book about all the things I should be doing in my life. It's an oughtobiography.
- 2. Apparently exercise helps you with decision making. It's true. I went for a run this morning and decided I'm never going again.
- 3. There's a fine line between a numerator and a denominator. Only a fraction of people will find this funny.
- 4. My wife asked if she could have a little peace and quiet while she cooked dinner...so I took the battery out of the smoke alarm!

In the spotlight Alison Dellar

By Rod Jones

Alison is one of Renhold's regulars and has lived here or in the area, since 1970. She was actually born when her family lived in Blunham but they moved to Renhold when she was just six months old. Her father was a plumber, and her mother was the caretaker for Renhold School. Her sister Karen also lives in Top End, so they are a close-knit family. Alison started her education at the Old School in Renhold but when the new school opened all the children were transferred to the current location. She remembers in 1977 having to carry chairs along the road to the new building. After Lower School, Alison went to Alban Middle School in Great Barford, and then on to Mark Rutherford Upper School, where she stayed until she was sixteen. Alison wanted a change from life in the country so left home shortly after leaving school and moved into a house on Commercial Rd, Bedford with a friend, (much more exciting for a teenager!).

Then came the world of work. Sales girl at Debenhams, Kentucky Fried Chicken and Beales- life was busy. Aged 21, her beloved daughter Gemma was born. Alison got married and the family moved to Shortstown. They all moved back to Renhold but the marriage broke up when Gemma was small. Alison got a job at the school where she had once been a pupil. She started as a cleaner then graduated to dinner lady, breakfast club, after school clubs and worked as a cook in the kitchen as well as bringing up Gemma who was at Renhold School during this time. These were good days and she enjoyed her work and the people she worked with. Tragically, when Gemma was just 15, she suffered a serious asthma attack and died. This sad event affected many people in our village and Gemma is still talked about with fondness and love 17 years after her passing.

After Gemma's death, Alison met Ernie at a music event and they have lived happily together for the last twelve years in one of the cottages opposite the church. She has established a successful cleaning business, and this is now a full-time job, with ten local clients. She enjoys what she does, and has made many new friends in the course of her work. She and Ernie have the same taste in music- vintage reggae. Three times a year, they run an evening event in Bedford, at the Polski Club in Ashburnham Rd. The Hold Down Reggae Club is a strictly vinyl records only evening, and is very well attended.

They also enjoy scooter rallies, and every year go to the Isle of Wight to enjoy the atmosphere with like-minded people. They love the open air and they really enjoy being part of the village and its community.

They go on long walks when she has the time and go to the seaside regularly. Alison also likes to dance, although I didn't ask her if this was just to reggae music. I often used to see Alison in the early morning, walking her dog with Nicky, her neighbour, and they always gave me a smile, and a warm hello. Sadly, Luigi the dog passed away last year so things have changed. She is really fond of all animals, and while we were doing this interview my cat sensed this and almost immediately jumped on her lap. Some time ago, on what would have been Gemma's thirtieth birthday, Alison wanted to remember her in a meaningful way and decided to raise money for Asthma Research in Gemma's memory. Alison, Nicky, Gemma's Auntie Denise and her cousin Chloe set off to walk the Greensand Ridge, a long-distance walk of well over 50 miles. They started at Leighton Buzzard, passing through Woburn, Ampthill, Sandy and finally finished at Gamlingay, welcomed with Prosecco and cake. It was well supported, and they raised several thousand pounds. (continued opp.)

Alison is a charismatic lady and makes sure that she gets the best out of life. The village has changed since she was a young girl. Everyone knew everyone in those days and people mingled more than they do now. She has had more than her share of misfortune, but things have turned out well, and her smile is infectious. It was a pleasure meeting her (and my cat is a fan, too)





Bedfordshire Festival of Autumn Walks

Hosted by





9th to 17th September 2023

Explore our beautiful little county on foot



All walks are free and most do not require booking

Full details on

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Bedfordshire Ramblers are delighted to announce the first Bedfordshire Festival of Autumn Walks. The Festival, offering over 30 walks, will run over a 9 day period between the 9th and 17th Sept 2023.

There is a plethora of walks on offer to suit all over the period - long walks, short walks, well-being and interest walks. Walks are scheduled in the mornings and afternoons in addition to all day walks. Most of the walks do not require booking. Walks take place over the length and breadth of Bedfordshire – join us for one (or more) walks and explore our beautiful little county on foot.

The festival is being run with the cooperation of the four groups that make up Bedfordshire, namely Leighton Buzzard, North Beds, Lea and Icknield (Luton) and Ivel Valley Walkers.

Check out the full program www.lbramblers.org.uk/BFAW or join our dedicated Facebook page to be kept up to date https://www.facebook.com/ groups/1624342594751555

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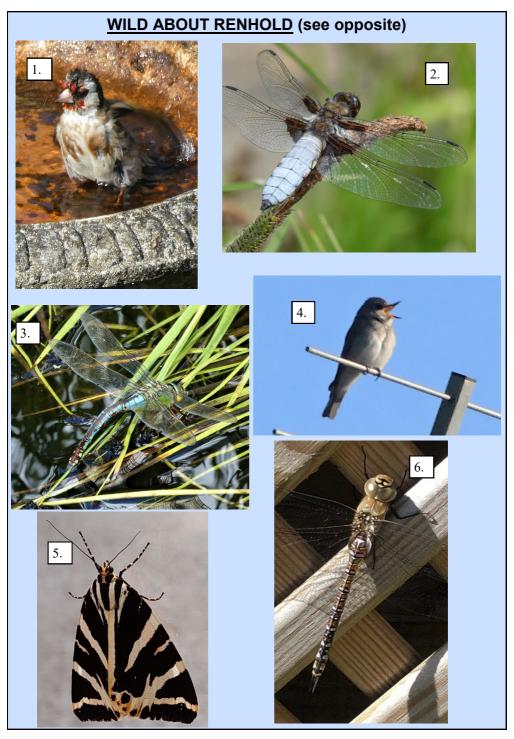
Splat the Rat



The vintage tractors, cars and motorbikes were on display

Photos by Nick Smith





WILD ABOUT RENHOLD by Tony Ploszajski

1. Goldfinch

Goldfinches are a familiar sight and sound around Renhold, with their twittering calls and colourful plumage. The bird in the photo was in our bird bath having a good splash about and as a result looks rather dishevelled, although its distinctive red face is still very obvious. Bathing is an important part of feather maintenance for birds. Dampening the feathers loosens the dirt and makes their feathers easier to preen. When preening, birds carefully rearrange the feathers and spread oil from the preen gland so they remain waterproof and trap an insulating layer of air underneath to keep them warm.

2. Broad-bodied Chaser

A Broad-bodied Chaser dragonfly also spent time by our pond, obligingly (from a photographic point of view) repeatedly returning to the same perch. Its rather dumpy, broad abdomen lacks the same elegance as some of the Hawker species of dragonfly, but it was a colourful addition to our pondside wildlife whilst it was there.

3. Southern Hawker

This Southern Hawker dragonfly appeared by our garden pond and spent several minutes with the tip of its abdomen under the water, laying eggs onto vegetation just below the surface. The larvae which hatch from the eggs live in the water for up to four or five years, becoming progressively larger before they hatch as adult dragonflies.

4. Spotted Flycatcher

In contrast with Goldfinches, Spotted Flycatchers have rather drab plumage and counter-intuitively the adults are not even particularly spotty, having a few fine streaks on their chests and necks, compared with the much more spottily marked juveniles. However, they have become increasingly scarce in Bedfordshire, so Emma Whitfield did a great job not only of spotting this one singing from her neighbour's TV aerial, but of photographing it too. The good news is that it was one of a pair that is likely to have bred close by, so hopefully boosting numbers locally. As summer visitors from sub-Saharan Africa, they have a hazardous migration journey each year, but those that make it back here are very site-faithful, so hopefully these and/or their offspring will return to Renhold next year.

5. Jersey Tiger Moth

Sue Brunsden took this photo of a Jersey Tiger Moth, a beautiful moth with creamy white stripes on its forewing and bold orange underwings. It is mainly found in the south of England but has been spreading further north as a result of climate change. The caterpillars feed mainly on ground ivy, white dead-nettle, bramble and common nettle. These moths fly both day and night.

6. Migrant Hawker

Claudia Dietz took this photo of a female Migrant Hawker dragonfly on a trellis in her garden. It is the smallest of the Hawker dragonflies and often can be seen away from water as it hunts insects. Hawkers are the largest and fastest flying dragonflies, they catch their insect prey in mid-air and can hover or fly backwards. During the late summer, large numbers of Migrant Hawkers arrive from the continent, boosting the resident population, hence their name.

Renhold Parish Council August Update

COUNCIL MEMBERSHIP UPDATE

The Parish Council recently received the resignation of Guido Ligurio. Councillors would like to thank Guido for his wealth of skills and valuable input during his time on the Council, he will be missed.

This means there are presently three vacancies on the Parish Council which does mean regrettably the Parish Council will be working at a further reduced capacity.

There are many local items the Parish Council are looking to move forwards with. In particular the Parish Council would like to hear from members of the community living along Norse Road to get their ideas and thoughts. Please do get in touch with the Clerk or any Parish Councillor to find out more. We would like to hear from you and have you come and join us.

BEDFORD BOROUGH COUNCIL LOCAL PLAN INSPECTION HEARINGS LATEST – TO INCLUDE PROPOSED RENHOLD BUSINESS PARK - UPDATE

Councillor Gribble and the Clerk represented the Parish Council at the Block 1 public hearing sessions where the Inspector asked a number of challenging questions to the local authority on the selection of the Renhold employment site. Noticing the high topography of the land from the bypass, and the impact on nearby properties, as a result the Inspector has requested some changes to the planning policy wording to safeguard the local community.

The next part of the hearings commences in September. During the Block 2 sessions Councillor Gribble and the Clerk will again be making representation on behalf of the Parish Council to continue to highlight the concern over the selection of such employment development in open countryside, alongside the worry over the Local Plan being based entirely on the East West Rail project.

WHAT HAS THE PARISH COUNCIL BEEN UP TO?

Cllrs. Gribble, Dean, Brunsden attended a recent meeting with Christian from Orbit. Dog waste bins, gates at Lady Mayor Drive alongside pitch information were discussed, plus confirmation that liaisons regarding the flooding along the bridleway path have taken place with the local authority, so the nearby ditch will be cleared to improve this issue.

A meeting has been arranged in August for all Parish Councillors and the Community Speed Watch Coordinator to meet with the local community Police team at Riseley Police Station to discuss highways safety in the parish.

Cllrs. Gribble and Roberts attended the online Borough Council Town and Parish Network meeting which was a very informative event. Cllr. Roberts also attended the Bedfordshire Association of Town and Parish Council new Councillor induction training, with Cllrs. Gribble and Warwicker booked to attend further training later on this year.

Cllrs, Gribble, Warwicker, Roberts and the Clerk continue to work with the website developer with the current focus on Parish Council emails.

The Clerk has been invited to a meeting with the new Mayor later on in the year, to detail matters which impact the parish.

A new bench has been delivered which will be placed at the War Memorial. The Parish Council grant monies to purchase items for the defibrillator at the Polhill Arms to enable it to function again. These are expected to arrive imminently. The Council has also registered an interest in financial support for three further locations in the parish for defibrillators

An additional grass cut of Water End was agreed to enable the verges to be cut back to improve visibility and there has been liaison with the contractor who completes other parts of the village grass cutting to make sure the width cuts take some of the overhanging growth right back, particularly in Hookhams Lane and Ravensden Road.

PROPOSED WOODLAND CREATION IN RENHOLD

The Parish Council were pleased to receive information from The Forest of Marston Vale that they are currently working on a scheme off Church End to create approximately five hectares of new woodland. The plan will also be to incorporate around 40% open space within and around the woodland to provide valuable habitats for wildlife. There is a public right of way across the land together with a main oil pipeline and these wayleaves will be maintained as part of the open space. The scheme is being developed and funded under the government's Trees for aved woodland providing a more resilient and beneficial natural environment.

VEGETATION ALONG THE FOOTWAYS

As is usual at this time of the year with the unpredictable weather, everything has been busy growing, and with this comes unfortunately the issue of vegetation obstructing some of the footways in the village. Please have a quick check that any hedges, trees or grass of yours do not encroach on the footway as this can often make it difficult and challenging for those with pushchairs and mobility aids to pass.

GETTING IN TOUCH WITH THE PARISH COUNCIL

Remember you can make contact with Lizzie, the Clerk, or any Councillor on any village matter. Please contact Lizzie, the Clerk, directly on 771702 or at lizzie barnicoat@hotmail.com

THE IRISH MEDICAL DICTIONARY Sent in by Geoff Greenwood The Irish have the lowest stress rate because they do not take medical terminology seriously

Artery The study of paintings Bacteria Back door to the cafeteria

Barium What Doctors do when patients die Benian What you be, after you be eight A neighbourhood in Rome

Caesarian Section Cat Scan Searching for Kitty

Made eye contact with her Cauterize

Colic A sheep dog

A punctuation mark Coma

To live long Dilate Not a friend Enema



From Our Village Agent

Our Village Agent, Teresa Moon, is here to help people in Bedford Borough villages to access the services and support they might need. She can also help with money issues. Her services are confidential and free and she can visit you at home. Just call Freephone 0800 039 1234.

Do you struggle with taking all your pills?

Bottles, boxes, sachets... it can take time to sort out your medication every day, and your health depends on you getting it right. If you struggle with sorting out your pills, there are two different options available to help you, by which your pills can

be delivered ready sorted to your door by your pharmacist, free of charge.

• **Dosette boxes** – your pills can be sorted into plastic blister packs on a weekly card. Ask your local pharmacist if they supply these. If they don't, you could try Bedford-based Smarta Healthcare, who will deliver to your home. Tel 01234 831768 or look at their website: smartahealthcare.co.uk

PillTime - a new kind of packaging where your pills are sorted into a series of small recyclable bags on a roll, which you tear off rather like sheets of toilet paper. To find out more you can phone 0800 074 3303 or look at their website: pilltime.co.uk

Do you have painful knees and hips, but want to avoid an operation?

The NHS in Bedfordshire are among the first NHS Regions to offer a newly-approved treatment called APOS, which shifts the load off painful joints by correcting and retraining the way you walk. They do this by providing you with special shoes, tailored to your unique needs, which are adjusted every few months. The treatment is designed to postpone or even avoid the need for surgery. If you are interested, you need to start by phoning your GP and asking for a physiotherapist appointment. They will be able to assess whether your condition is suitable for APOS treatment.

Are you worried about dementia?

There is a big difference between normal forgetfulness and dementia. Signs of dementia include problems with language and understanding, forgetting how to do everyday tasks, repeating questions, and changes in regular behaviour.

Getting a diagnosis can take some time, you need to start by making an appointment with your GP. There are several different types of dementia, and some respond to medication more than others, so it is worth getting tested. We are very lucky to have an excellent local charity called Tibbs Dementia Foundation who offer a full programme of activities and support. You can contact them by phone or email, or look at their website: 01234 210993 or 07483 951737. Email: contact@tibbsdementia.co.uk. Website: www.tibbsdementia.co.uk

Do you need help filling in forms?

If you need to apply for a Blue Badge or Attendance Allowance, or fill in forms, I can help.

Contact your Village Agent on Freephone 0800 039 1234

(This is an answerphone service, so please be ready to leave your name, address & telephone number, and I will aim to call you back within 48 hours.

RENHOLD CHAPEL September 2023

3rd September	10.30 am	Mr D Gibson	
10th September	10.30am	Mr R Crane	
17th September	10.30 am	Mr R Lake	
24th September	10.30am	Mr S Quest	150th Anniversary
1st October	10.30am	Mr D McWilliams	Harvest Thanksgiving Service

RENHOLD CHAPEL 150th ANIVERSARY

23rd/24th September 2023

Sat **23rd** open afternoon **2-30** / **4-30** View the Archives and enjoy Refreshments Sunday **24th** Thanksgiving Service **10-30am**

Back in the day, when ordinary people walked everywhere and a fortunate few had a pony and trap, quite a few villagers had a vision for a village chapel. In fact many, indeed most villages and towns across the country were of like mind, and many such places of worship sprang up.

In 1853 Captain Polhill Turner gifted the site for the Renhold Chapel to be built, and this was done by villagers in the evenings following a days work, usually on local farms. Can you imagine yourself being in their situation today?

On Sunday 16th of September 1873 the first services were held, and such was the enthusiasm that four services took place, Sunday School, Prayer Meeting, plus Afternoon and Evening.

Fifty years ago, when Renhold Chapel held it's 100th Anniversary, virtually every village chapel for miles around was open several times a week, well attended and with thriving Sunday Schools. Many have now been sold, converted into flats, homes, antique centres, even night clubs and some have disappeared altogether. With the decline of these unique places this could be an ideal opportunity to view one that is still Alive and Well!

With many changes taking place in the village over 150 years the Chapel has moved with the times. In its formative years more windows were added and this trend has continued to the present day, and yet it retains the unique informality of a Village Place of Worship.

My earliest visit was with my grandfather in the early 1950s, when things had changed very little over the previous 80 years. The pulpit stood under the traditional "Scroll Text" and the congregation were seated in pews surrounding the old time "Tortoise Stove." Songs were sung with the aid of a wind pedal organ and the Old Time Gospel Message was preached.

The scroll read "Believe in the Lord Jesus Christ and thou shalt be Saved."

Todays Chapel is modern and comfortable, with up to date facilities, yet the "Scroll Text" remains to this day, as does the preaching of a Full Gospel Message.

Isn't this just what is needed in today's world? Enjoy a visit, and view the Unique Archive.

Welcome on Saturday 23^{rd} and Sunday the 24^{th} and to Coffee Mornings, Open Airs, Sunday Teas, and all Services

Chapel Email: admin@renholdchapel.co.uk

RENHOLD PARISH COUNCIL 2023

Clerk to the Council: Mrs Lizzie Barnicoat PO Box 1548, Bedford MK44 5AX

Tel: (01234) 771702 email: lizzie_barnicoat@hotmail.com

Councillor	Phone	e-mail	
Susan Brunsden	266281	susan.brunsden@ntlworld.com	
Fiona Cardinale	07762 881009	Fionacardinale@gmail.com	
Margaret Dean	771520	h.dean520@btinternet.com	
Nicky Gribble	771994	nicky.gribble@icloud.com	
Julie Roberts	07766 478974	joooles14b@btinternet.com	
Martin Warwicker 07983 156845		m.warwicker@btinternet.com	

Parish Council Meeting dates & venues for 2023

Parish Council meetings now start at 7pm.

The next meeting will be TBA.

Parish Council

As always, if you wish to raise any ideas or make comments to the Parish Council, then please contact one of the Parish Councillors (see above or the new Parish Council website (renhold-pc.co.uk) for contact details) or contact Lizzie, Parish Clerk on 771702 or email lizzie barnicoat@hotmail.com

More from the Irish Medical Dictionary

Fester Quicker than someone else

Fibula A small lie

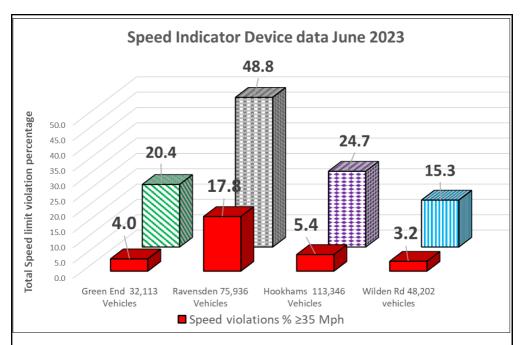
Impotent Distinguished, well known

Labour pain Getting hurt at work
Medical Staff A Doctor's cane
Morbid A higher offer

Nitrates Rates of pay for working at night, normally more than days

Node I knew it

Outpatient A person who has fainted Pelvis Second cousin to Elvis



The above information is collated by Martin Warwicker.

WHO CALLED ME? PHONE NUMBER CHECKER

This is a really useful contact if you think you have had a scam call. On 07.07.23, I had a call from a London number starting 02 and it sounded like a busy call centre. The caller established I was Mrs Grant and said he was from Windows and, suspecting a scam, I put the phone down. He rang back 6 times which introduced the seed of doubt into my mind. I rang back as usually scam calls just say number unobtainable, but this one rang and was picked up. I cut it off again and went online to this website. All you have to do is put the no. in you are trying to trace and it tells you if it is legitimate. It confirmed my fears that it was a scam call.

'Who Called Me' is a free, website-based service that allows you to quickly and easily find out who is calling you. If you want to find out more about who called you, start a phone number search by simply entering the number into the search box. We'll then identify who a telephone number belongs to.

who-called.co.uk is the largest and most trusted online telephone number database in the United Kingdom. Trusted by over 6 million people every month, we've performed millions of free reverse lookups!

The power of our service is our community, adding hundreds of new phone numbers each and every day. If you want to be part of our incredible community, simply submit the phone numbers that called you or sent text messages, regardless of whether you know who the number belongs to or not. We're here to help you identify the caller! Anyone can do a **reverse lookup** to identify mobile, landline or international numbers. And your search will always be completely free! **Anne Grant**



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772794

Churchwardens

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351162

Keith Timms

772605

Lay Vice Chair

Alan Bloomfield

351162

Secretary to PCC

Ann Timms 772605

Jill Burrows

07710228995

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Ann Timms 772605

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772794

Bell Tower Coordinator

Yvonne Potter 771495

Churchyard Volunteers

Teresa Trangmur 07788 402441

Renhold Chapel

Mr Albert Browning 772689

Brownie Pack

Mrs Kim Deller

267150

Renhold School

771724

Pudding Club for Carers

Anne Grant 771811

Creative Club

Teresa Trangmar 07788 402441

Chapel Coffee Morning

Albert Browning

Preschool Group

Term time Vicky Thompson

771724

Renhold Bridge Club

Rod Jones 771858

Magazine

Anne Grant 771811

Rod Jones 771858

Carpet Bowls Club

Chick 838651

Football Club

Mr K. Harlow 871178

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President

Jooles Roberts

07766 478974

Secretary

Jill Barrell 870461

0/0401

Treasurer Jan Tozer

297456

Renhold Stitchers

Jackie Croot 870271

Reading Group

Pauline Capell

771858

Table Tennis

Rod Jones 771858

Luncheon Club

Yvonne Potter 771495

Borough Council

267422

Borough Councillors

Nicola Gribble 07955 530234

Renhold Village Agent

Teresa Moon 0800 0391234

Parish Councillors

See page 26

Neighbourhood Plan Amanda Quince

870704

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emergency

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355122

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